



# Vaulting with Lone Star Vaulters



Vaulting is one of the seven equestrian disciplines recognized by the Federation Equestre Internationale (FEI) for international competition, and is most easily described as gymnastics performed on the back (or other parts) of a moving horse. This fun sport will develop confidence, balance, strength, respect and body awareness. Safety is emphasized throughout. Children should wear tennis shoes and flexible clothing-No boots, please. Bring your own seating and drinking water. Parking is on the left side of the driveway near the horse trailers. Rosie is an avid vaulter and horse woman who has over 18 years of experience. She was a National champion vaulter as well and is the coach of National champions. For more information on vaulting visit [www.lonestarvaulters.com](http://www.lonestarvaulters.com). Classes are located at September Song Stables, 4004 September Song Dr, Manchaca TX 78652.

Classes run year long on week days and weekends. Monthly dues are \$80 for 2 hours a week.



Lone Star Vaulters – Melanie  
512-282-9232  
mels@austin.rr.com

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